

Waiting to Exhale Women's Conference Frequently Asked Questions (FAQs)

1. What is the Women's Conference about?

The Women's Conference is a faith-filled event designed to encourage, equip, and empower women through worship, biblical teaching, and fellowship. This year's theme is *"Waiting to Exhale,"* based on Matthew 11:28–30.

2. Who can attend the conference?

All women are welcome—whether you're a member of our church or not. Feel free to invite your friends, neighbors, and coworkers!

3. When and where is the conference?

The conference takes place September 19–21, 2025, at St. John Church Unleashed. Doors open at the following times:

- **Friday, September 19 | 6:30 PM**
St. John Church Grand Prairie Campus
1701 W. Jefferson St., Grand Prairie, TX 75051
- **Saturday, September 20 | 8:00 AM**
St. John Church Grand Prairie Campus
1701 W. Jefferson St., Grand Prairie, TX 75051
- **Sunday, September 21 | 9:00 AM**
St. John Church Southlake Campus
800 S. Kimball Ave., Southlake, TX 76092

4. How much does it cost to attend?

The registration fee is **\$60 per person**. This includes access to all sessions, meals, conference materials, and a special gift.

5. How do I register?

Register online at www.sjbcfamily.org/exhale, in person at the church office, or after Sunday services at the Women's Ministry Table. Registration closes **Sunday, September 14, 2025**.

6. Are scholarships or discounts available?

Yes, a limited number of scholarships are available for those in financial need. Please contact the Women's Ministry at womensministry@sjbcfamily.com or call **972-264-1483** for more information.

7. Will childcare be provided?

Yes, childcare is available for children ages **5–12**. We recommend arranging childcare in advance so you can fully engage in the experience.

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8. What should I wear?

Dress comfortably and confidently! Most attendees wear casual or business-casual attire. A sweater or light jacket is recommended, as the venue may be cool.

9. Will meals be provided?

Yes! Dinner will be served on Friday, and breakfast and lunch will be provided on Saturday. Please indicate any dietary restrictions when registering.

10. Can I volunteer at the event?

Absolutely! Volunteers are vital to the success of the conference. If you're interested in serving, visit www.sjbcfamily.org/exhale to sign up.

11. Will the sessions be recorded or live-streamed?

No, the sessions will not be recorded or live-streamed.

12. What if I can only attend part of the conference?

You're welcome to attend any portion of the conference, though we encourage full participation to receive the full experience.

13. Is the venue accessible for individuals with disabilities?

Yes, the facility is wheelchair accessible and can accommodate guests with special needs. Please contact us in advance if you require specific requirements.

14. How can I stay updated about the event?

Visit www.sjbcfamily.org/exhale regularly for updates, schedules, and announcements.